

WHEREAS; perimenopause, the transitional period before menopause, is a normal part of aging; and

WHEREAS; however, despite affecting billions of people worldwide, perimenopause remains a poorly understood and under-addressed stage of women’s health; and

WHEREAS; according to Cleveland Clinic, the average length of perimenopause is about four years, but it can last up to eight years, and some individuals may only be in this stage for a few months, while others will be in this transition phase for several years; and

WHEREAS; raising public awareness about perimenopause is critical in the effort to overcome the pervasive lack of information and the stigma that surrounds women’s health; and

WHEREAS; this month, the state of Wisconsin joins all Wisconsinites in raising awareness of women’s health and perimenopause, working to increase access to quality, affordable healthcare for all women, eliminating existing disparities in health outcomes that women face, and supporting the health and well-being of women in Wisconsin throughout every stage of life;

NOW, THEREFORE, I, Tony Evers, Governor of the State of Wisconsin,
do hereby proclaim September 2026 as

PERIMENOPAUSE AWARENESS MONTH

throughout the State of Wisconsin and I commend this observance
to all our state’s residents.

IN TESTIMONY WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Wisconsin to be affixed. Done at the Capitol in the City of Madison this 26th day of August 2026.

TONY EVERS, Governor

By the Governor:

SARAH GODLEWSKI, Secretary of State